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DECLARATION

This is to declare that information, reports, data, etc furnished in this file as supporting documents are verified by members of IQAC and found correct


Co-Ordinator
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Junagadh.




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Best Practices

1. Best Practices under NSS and NCC

Introduction

Best practices are those which add value to human life and support main cause of an institution. It helps in development of an institution-a source/ means to perform social responsibility. It can change the life of whole institution as well as individual stake holders. Colleges undertake different types of best practices as per their institutional environment, try to bring about innovations and new ideas.

2. Objectives of the Practice

The primary objectives of the special camping program are:-

1. Making education more relevant to the present situation to meet the felt needs of the communities and supplement the education of university/college students by bringing them face to face with the community situation.
2. To provide opportunities to students to play their due roles in rural areas and slums but also result in improvement of the condition of weaker sections of the communities.
3. Encouraging the students and non-students youth to work along with the adults in rural areas, thereby developing their character, social consciousness and commitment, discipline and healthy and helpful attitudes towards the community.
4. Encouraging youth to participate enthusiastically in the process of national development, and promote national integration through

democratic living and cooperative action.

3. The Context

Challenges faced in Practice:

1. Time Commitment: NSS activities may require a significant time commitment, which can be challenging to balance with academic or work responsibilities.
2. Voluntary Nature : Participation is usually voluntary, so the level of engagement and commitment can vary among participants.
3. Limited Influence : The impact of NSS projects can sometimes be limited due to resource constraints or bureaucratic processes.
4. Limited Activity : Another potential drawback is the limited scope of activities. NSS activities are often confined to a specific area or community, which may not interest all students. Some students may have other interests and goals they would rather pursue outside of NSS.
5. Overcommitment can lead to burnout and exhaustion, which can negatively impact students' overall well-being. Therefore, it's important for students to find a balance between their NSS responsibilities and other aspects of their lives.

Some time medical issue also arrived and it may become difficult to handle in rural area. Managing such huge camp by single program office is also very tough task.

4. The Practice

The best part about NSS is that it gives you the opportunity to talk to the people from the different social strata — the poor, the rich, the needy, the humiliated, the successful ones, the struggling ones and many more. And you will learn something or the other from every one of them you meet. You will understand how our society is knit, which no University in the country can teach you through the textbooks and syllabi.

Volunteers perform lots of activities during the NSS camp like :

Cleanliness Drive, tree plantation , medical camp, thalassemia test Camp, Swachh Bharat Abhiyan, health awareness , Prabhat Fero, women empowerment and issues, beti bachao-beti padhao, cultural activities , game playing, organic farming, pollution free environment, DISASTER MANAGEMENT

Attending **special village camps** (for creating awareness in villages), **state level camps** (sports, yoga, art & craft camps), **National level camps** (youth festivals for sports and cultures, Integration camps, Adventure camps, etc.)

1. Teaching unprivileged students and motivating them in adopted village.
2. Celebrating different days like World Environment Day, Woman 's Day, Aids day, etc.
3. Traffic and Voter awareness programmes.
4. Slogans making, poster making, essay writing, art and crafts creation competitions for different issues to create awareness.
5. Teaching about digitalization, Cashless payments and other banking services in adopted village.

There are many other different activities done by NSS students as per their policies and dedication for social work.

Some other soft skill learned by the participants :

- **Team Building :**

All day work is divided into different team.

For Exa :

Team -1 Cooking and serving Team

Team-2,3,4 & 5 Activity Arrangements and performing team

Team -5 Cleaning team (After Lunch and Dinner)

- **Time management :**

Every team of the camp has allot specific time to complete their

task.

- **Delegate tasks.**

Task delegation means proper management of **tasks**. Learning how to **delegate** is very important in developing time management skills

Get Help from Others. Delegating means assigning responsibility for a task to someone else, freeing up your time for tasks

- **Prioritization :**

Proper **prioritization** helps you stay organized and structure your day in a way that makes the most sense for you. Students learn how to set priorities one can achieve more when you start dedicating time to the right things.

5. Evidence of Success

Though there are few constraints in implementing the practice, the students tried their best to acquire soft skills and it is evident as follows.

- 1) Students get aware of the basic issues faced by rural people.
- 2) Student understand the feeling and emotions of people.
- 3) Students inspired to work for nation.
- 4) Students get aware about social responsibilities
- 5) Problem solving skill
- 6) Management and leadership skill
- 7) All the stakeholder aware about the cultural importance.
- 8) Helping nature
- 9) Positive attitude.

Overall we could say that NSS works on different social issues of the community to reform a better society.




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